

Emmi[®] Online Education Programs

St. Anthony Hospitals Health Passport wants to be sure that you understand any chronic conditions you might have so that you can live as healthy and happy as possible. To help you achieve this goal, we are providing Emmi just for you. Emmi is a free, animated online program that walks you through important information about a health topic, condition, or procedure, in a simple, easy-to-understand format. You'll get answers to common questions in the comfort of your own home or anywhere that has internet access.

Each video program takes 20 minutes. Watch it as many times as you like and share it with family and friends. As you watch the program, you can also pause and write notes and questions that you can print out and take with you to your next appointment with your primary care provider.

Watching a video is easy – here's how it works!

1. Go to www.my-emmi.com/sac
2. Select HEALTH PASSPORT from the drop down menu
3. Fill out the online form – all you need is your first and last name and date of birth
4. Choose an Emmi program to watch
5. Click Enter and follow the instructions to begin watching

Interested in a better way to keep track of your medical history? Watch this Emmi program right now:

Watch the Emmi[®] Medication History Program. This program shows you how to provide a complete and thorough medication history that you can present to your healthcare team. Doing so will help ensure that your healthcare team has accurate information about your medical history, which is of the utmost importance when you're in the hospital or surgery center.

EmmiSafety[®] Medication History program
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Watch your Emmi[®] program now.
It's easy. Just fill out this form.

[español](#)

Patient Information: * required field

Please select one * HEALTH PASSPORT

Patient's first name *

Patient's last name *

Patient's date of birth * January 1

Patient's email * ?

Re-type email *

Procedure/due date * January 1 ?

Emmi Program *

- ACUTE LOW BACK PAIN
- DIABETES
- DIABETES - CHECKING YOUR BLOOD SUGAR
- DIABETES - FILL YOUR PRESCRIPTION
- DIABETES - INJECTING INSULIN
- DIABETES - REORDERING TEST STRIPS
- DIABETES - YOUR BLOOD PRESSURE
- DIABETES - YOUR LATEST A1C RESULT
- HEART FAILURE
- HYPERTENSION
- MEDICATION HISTORY - PATIENT
- PATIENT SAFETY
- TAKING WARFARIN (COUMADIN (R))
- USING A DRY POWDER DISC INHALER - FOR KIDS 17 AND YOUNGER
- USING A METERED DOSE INHALER (MDI) - FOR KIDS 17 AND YOUNGER

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